

CROSSFIT PROSPERITY

ADULT CROSSFIT CLASSES

Crossfit Prosperity offers mixed level group classes that include weight training, bodyweight & gymnastic exercises, cardiovascular training, agility, speed, balance, strength, & core work.

The expert trainers at **Crossfit** Prosperity can accommodate all levels by modifying workouts to individual skill levels and abilities in a fun environment.

\$150 for 5 weeks of UNLIMITED visits Monday - Friday

Visit WalpoleRec.com for session dates, class times, and more!



Proud to be a

Harvest Moon Fall Sponsor

"Life starts all over again when it gets crisp in the fall."

Dedham Savings your bank

dedhamsavings.com

DEDHAM INSTITUTION FOR SAVINGS since 1831 DEDHAM • NEEDHAM • NORWOOD • SHARON • SOUTH BOSTON • WALPOLE • WESTWOOD (800) 462-1190



WALPOLE RECREATION BASKETBAL



TUESDAYS, \$42/\$47 NR

AGES: 4-7

DATES: DECEMBER 19 - JANUARY 23

TIMES: VARY BY AGE (VIEW TIMES ONLINE)

MONDAYS, \$42/\$47 NR

AGES: 2-8

DATES: FEBRUARY 5 - MARCH 12

TIMES: VARY BY AGE (VIEW TIMES ONLINE)

SATURDAYS, SESSION I

AGES: 3-8

DATES: DEC. 16 - JAN. 20

TIMES: VARY BY AGE (VIEW TIMES ONLINE) TIMES: VARY BY AGE (VIEW TIMES ONLINE)

SATURDAYS, SESSION 2

AGES: 3-8

DATES: FEB. 3 - MAR. 3

SATURDAY BASKETBALL FEES:

\$52/\$57 NR \$56/\$61 NR AGES 3-5

AGES 6-8

.EREC.COM BEGINNING NOVEMBER 20TH FOR OPEN TIMES AND TO REGISTER!



Extra! Extra! Read all about it!!

In the Newsroom, students will learn the craft of journalism, investigative writing & research.

In the Kids' Newsroom, the classroom transforms into a working newsroom, complete with editorial staff, reporters, columnists & headline writers. Each student plays multiple roles & works together to create an e-newspaper, as well as a hard copy newspaper, with real stories about their school and community.

Session 1, Grades 6 - 8

Wednesdays, 12/20 - 1/24 4pm - 5:30pm \$125/person Session 2, Grades 2 - 5

Wednesdays, 2/7 - 3/14 4pm - 5:30pm \$125/person



In Business Sharks, students play the role of entrepreneurs as they start with the germ of an idea for a product/business & take it through the entire entrepreneurial process.

Students develop prototypes, formulate a business plan & devise a marketing strategy. Meanwhile, students learn through contextual lessons on concepts such as wages, profits & branding while designing print ads, acting out "TV commercials," researching real estate locations & designing their storefronts.

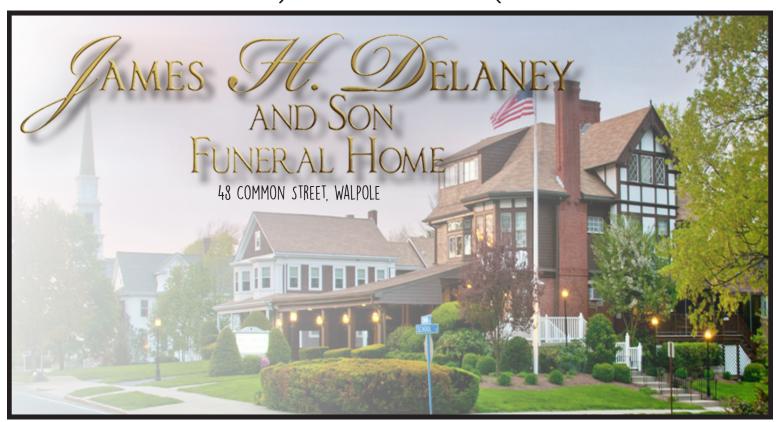
The class concludes with the young executives pitching their ideas to a "Shark Tank" of parents. These young entrepreneurs will really be taking care of business!

Session 1, Grades 2 - 5 Tuesday, 12/19 - 1/23 from 4pm - 5:30pm

\$125/person

<u>Session 2, Grades 6 - 8</u> Tuesday, 2/6 - 3/13 from 4pm - 5:30pm \$125/person

AMM) (CCCC



Here Celebra





refresher on basic commands or you have a new pup in the family - this class is for you!



MARY POPPINS

Ages 5 - 14, \$107/person Mondays, January 22 - March 26 6pm - 7pm at Blackburn Hall

KNITTING BASICS

Adults, \$115/person Tues, 12/19 - 1/23 or 2/6 **-** 3/6 6:30pm - 8:30pm

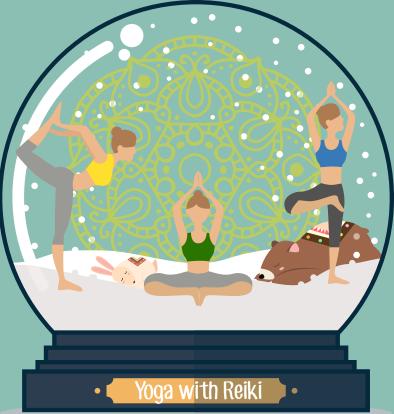
CROCHET BASICS

Adults, \$115/person
Thurs, 12/21 - 1/25 or 2/8 - 3/8
1pm - 3pm



CODE, TINKER, AND CREATE

Grades 3 - 8, \$180/person Saturdays, January 6 - February 24 12pm - 1pm at Blackburn Hall



MINDFUL YOGA WITH REIKI

Adults, \$60/person Tuesdays, 12/19 - 1/16 or 2/6 - 3/6 4pm - 5:15pm at Studio East



Serving our neighbors

Proud to be local since 1912

Individuals, Families & Businesses

- Checking & Savings
- Online & Mobile Banking
- Mortgages & Home Equity
- Commercial Mortgages
- Business Loans



982 Main Street • Walpole 508.668.1080
WalpoleCoop.com



WalpoleRecreationDepartment 135SchoolStreet Walpole,MA02081 U.S.Postage
PAID
Walpole,MA
02081
Permit No.7

Postal Customer Walpole, MA



Holiday House Decorating competition

Compete with your neighbors for the best house on the block! Houses will be voted on by followers of the Walpole Recreation Department's Facebook.

Categories:

'Quintessential New England'
(Photo can be of daytime or nighttime display)

'New Kids on the Block'
(First year Walpole Lights competitors)

'There Goes the Neighborhood'
(4 or more houses in a row team up and decorate)

Submit one photo to <u>acarney@walpole-ma.gov</u> by December 15, 2017 to enter.

Please include your address & which category you wish to compete in.

Facebook voting will begin December 18 - winners will be announced December 22.