

ABOUT WALPOLE RECREATION

RECREATION COMMITTEE

MEMBERS

Dennis Ricci, Chair Frank Brown Annelise Fair Susanne Murphy Robert Taglienti

ASSOCIATE MEMBERS

Lorraine Dundon Rich McCarthy

UPCOMING MEETING DATES

September 19 October 17 November 14

STAFF

JOSH COLE Director of Recreation icole@walpole-ma.gov 508.660.6372

CHAD NORTON Recreation Coordinator

cnorton@walpole-ma.gov 508.660.6370

SUSAN CHARETTE Principal Clerk scharette@walpole-ma.gov 508.660.6354

AICHA KELLEY Specialized Instructor

akelley@walpole-ma.gov 508.660.6371

LAUREN MACOMBERProgram DirectorImacomber@walpole-ma.gov508.660.6374

CONTACT US

PHONE 508.660.6353

FAX 508.660.7398

LOCATION Blackburn Hall at 30 Stone Street

MAILING ADDRESS Walpole Recreation Department

135 School Street Walpole, MA 02081

WEBSITE www.BlackburnHall.com

EMAIL ADDRESS Recreation@walpole-ma.gov

READING THE BROCHURE

PROGRAM TITLE

CLASS #: use on registration form Time of program

PROGRAM FEE Date(s) that the program is offered

Instructor A

This section provides a brief description of the program and any pertinent information of which you should be aware.

PROGRAM FEES

Location

All fees are for residents, unless otherwise noted.

NR = Non-Residents

SR = Walpole Senior (AGE 60 AND OVER) if listed

PROGRAM INFORMATION

TO REGISTER

- MAIL-IN REGISTRATION: You can register by mail if unable to stop by the Recreation Department. No confirmation will be mailed.
- ON-LINE REGISTRATION: You can register on-line by going to WalpoleRec.com and following the steps.
- **PRE-REGISTRATION:** Pre-registration is mandatory for all programs.
- Registration is conducted on a first-come, first-served basis until the maximum number of persons per program is reached. PROMPT REGISTRATION IS RECOMMENDED AS MANY PROGRAMS FILL UP FAST.
- Resident fees (R) apply to those living in Walpole.
- There will be **NO** registrations taken over the telephone.
- Complete payment must accompany each registration.
- Be prepared to demonstrate proof of Walpole residency.

NON-RESIDENT QUALIFICATIONS

Non-resident fees (NR) apply to those not living in Walpole.

REFUNDS

Refunds will be made if programs are cancelled, already filled or if department changes prohibit your attendance.

FEE REDUCTION POLICY

The Walpole Recreation Department recognizes that the charging of fees for programs may place such an economic hardship on some individuals that they are unable to participate. For that reason, a fee reduction system is available for eligible residents of Walpole. Contact the Recreation Department for further information or to apply for the reduction. All inquiries are kept confidential.

WALPOLE SENIOR DISCOUNT

The Walpole Recreation Department provides a discounted rate on some programs for Walpole residents **OVER 60 YEARS OLD**. Please be prepared to demonstrate proof of Walpole residency. No such discount applies to non-residents. If an **(SR)** fee is not listed in the program description, that program has no discount.

INSURANCE / LIABILITY

The Walpole Recreation Department does not provide accident or hospitalization insurance for program participants. All participants are strongly advised to have adequate personal coverage. Participation in all programs shall be at the registrant's own risk.

<u>ENROLLMENT</u>

You are enrolled in a program once your registration is received at the Recreation Office. You will only hear from us if a program is full or cancelled. The Recreation Department does not issue confirmations.

PARTICIPANT / SPECTATOR BEHAVIOR

Behaviors of participants or spectators that pose a risk to the participant, other participants, staff or that alters the program to such a degree that we are no longer offering the intended program, will be cause to remove the participant or participants from the program either temporarily or permanently.

PODCASTS & ADDITIONAL INFORMATION

We have some podcasts available on certain programs on our website, **BlackburnHall.com**. For these programs, we have **BlackburnHall.com** in the program description.

COMMUNITY EVENTS

1ST ANNUAL WALPOLE HOMECOMING WEEKEND

All weekend Various Locations, Walpole Friday - Sunday, Oct. 12 - 14 All ages

Walpole Youth Football & Cheer / Recreation Staff

The Walpole Recreation Department & Walpole Youth Football & Cheerleading are throwing a "Welcome Home, Walpole" Party. The weekend will include an old-fashioned pep rally and home Rebel Football Game. Saturday, will include a BBQ, The Vegas Valentinos plaving live country music, The Walpole Arts & Music Fest, Punt Pass Kick Competitions, The Annual Chili Cook - Off, a Downtown Business Stroll, The Epiphany Church's Pumpkin Fest and more. Saturday night there will be multiple Home Coming Dances - one for Walpole High Schoolers, one for Middle Schoolers and one for Grownups. Sunday will have home Walpole Youth Football and Cheer Games and that evening local restaurants will host Give Back Nights where 10% of the proceeds will go back to the individual schools. To register for the chili cook-off, the pie-eating contest or with any general questions, please contact Aicha Kelley at 508-660-6371.

To end Walpole Homecoming Weekend 2012, many restaurants are stepping it up for all of our local schools. If you print out the coupon found on either of our websites (WalpoleRec.com or BlackburnHall.com), the specific school will get 10% of the proceeds. Support local businesses and your schools! Here are the pairings:

WALPOLE HIGH SCHOOL **JOHNSON MIDDLE SCHOOL BIRD MIDDLE SCHOOL OLD POST ROAD SCHOOL FISHER SCHOOL** Jalapeño's Grill Conrad's Restaurant Guido's Italian Restaurant **British Beer Company** Finnegan's Wake Raven's Nest Beckett's

9TH ANNUAL WALPOLE ARTS & MUSIC FEST

ELM STREET

BOYDEN

Fields outside of Blackburn Hall FREE

10:00 a.m. - 2:00 p.m. Saturday, October 13

Artists / Musicians / Food vendors

The 9th Annual Walpole Arts & Music Fest is an eclectic event for every age group. There are all types of art for sale such as oil, water colors, pottery, photography, wood, jewelry. Come and watch the artists at work as they create pieces on the grounds. There will also be the middle school poetry slam, which has become a favorite element of the day. There will be food vendors cooking up fabulous creations to fill your bellies. This year there will also be a downtown stroll, and other elements to enjoy Walpole's beautiful downtown. If you are interested in participating in any capacity, please contact Aicha Kelley at 508-660-6371.

SAND AND SALT FOR SENIORS

The Walpole Recreation Department, the Walpole Department of Public Works, and S.M. Lorusso & Sons have joined forces and will offer our popular Sand & Salt Program for Seniors that will run during the upcoming winter months.

To register, our office in Blackburn Hall or call us at Recreation Department 508-660-6353. On each Friday of the month, we will deliver a 5-gallon bucket of sand and salt mixture to seniors that are registered on a first-come, first-served basis. PLEASE CALL THE RECREATION OFFICE WHEN YOU ARE IN NEED OF A REFILL. WE WILL DELIVER REFILLS ON EACH MONDAY OF THE MONTH. THE FIRST DELIVERY WILL BE **NOVEMBER 4.**

2ND ANNUAL COMMUNITY COSTUME SWAP

Blackburn Hall \$5 PER COSTUME OR SWAP

10:00 a.m. - Noon Saturday, October 6

Recreation Staff & Mary Abplanalp

Do you have a closet full of costumes that you would never dare be seen in again or some that will never fit your children again? Can't think of what to be this year? We have the perfect solution for you...come to the Costume Swap!! If you want to empty your closet as a recycle/cleaning house project, you may drop gently-used costumes at the Recreation Office during normal hours. If you want to swap - just come the day of the swap and SWAP!" Please remember ... gently used!

SKY'S THE LIMIT KITE FESTIVAL

Adams Farm \$5 PER PERSON

11:00 a.m. - 1:00 p.m. Saturday, September 22

Recreation Staff

The day will be all about enjoying the open space and filling it with beautiful colors. All professional and rookie kite flyers are welcome. Children may come, design and color their own kites to be flown right at Noon. There will be food and beverages for purchase. Please pre-register for the kite making so we can order supplies. **RAIN-**DATE IS SEPTEMBER 23.

HALLOWEEN PARADE & PARTY

Meets at Blackburn Hall \$5 PER CHILD

Parade begins at 10:30 a.m. Saturday, October 27

Recreation Volunteers

All ages

During the parade, there will be a costume contest and then kids can trick-or-treat at participating downtown businesses. After the parade, we will host our Halloween party. We will have music, crafts, games, face painters and more back at Blackburn Hall. Prizes will be awarded at the party. Price includes admission to parade and party. Each participant receives 2 free game tickets. Additional game tickets can be purchased during the party.

4TH ANNUAL SPOOKFEST

Beckett's, Walpole \$8 PRE-SALE / \$10 AT THE DOOR

8:00 p.m. - Midnight Saturday, October 20

Recreation Volunteers

The night will include a DJ, dancing to 80's tunes, disco, spooky party songs and good of rock n' roll, munchies, games, silent auction, raffles and fabulous decorations and more surprises all night long. Costumes are preferred, but not mandatory. If anyone would like to volunteer, make a donation for the silent auction, or have any questions, please contact Aicha Kelley at 508-660-6371.

GLASS HALF-FULL PROGRAM

The Walpole Recreation has established an account for people to donate to and people to submit for programs. The Glass Half Full Program will allow people to donate money to the account. If anyone has a specific child, grownup or senior in need, they can contact Aicha Kelley at 508-660-6371 and she will get the ball rolling. It can be done anonymously or with a "You have a gift waiting for you" card. If someone just wants to donate towards the project, they can as well. Sometimes people are uncomfortable asking for a hand, so if someone knows of a need, they can contact Aicha and she will handle it from there. Some ideas to consider are kids programs like soccer, theater groups, and sports. Some ideas for teens are dance cards, conditioning camps, clinics, etc. Some ideas for adults are fitness classes, financial classes, etc. Some ideas for seniors are Tai-Chi, trips, and computer classes.



This fall, led by the efforts of Aicha Kelley, Joe Knaus, a large group of artists and our own Volunteens, we have been able to reopen the former East Walpole Library as the Studio East of Walpole. This location at 5 Wolcott Avenue in East Walpole will be the hub of our art classes and activities. Please check out the classes we have to offer. If there is something you would like to see us offer, please call Aicha Kelley at 508-660-6371.

FOR THE ARTIST

DRAWING & PAINTING

East Walpole Community Center \$85 / \$90 NR

Joe Knaus

See times below See dates below See ages below

Learn fundamentals like mark making, composition, scale, perspective, and color theory in a nurturing environment that supports both young, budding artists and veterans that may need a little constructive consultation. This class will also look at artists from our past like Pablo Picasso, Edward Hopper and Andy Warhol (to name a few) to find inspiration in our artwork.

		<u>KIDS</u>	
CLASS #:	DAY:	DATES:	TIME:
SDP1	Saturdays	9/29 - 11/10	2:00 - 2:45 p.m.
SDP2	Saturdays	9/29 - 11/10	3:00 - 3:45 p.m.
SDP3	Saturdays	9/29 - 11/10	4:00 - 4:45 p.m.
		<u>ADULTS</u>	
CLASS #:	DAY:	DATES:	TIME:
SDP4	Mondays	9/24 - 11/5	Noon - 1:30 p.m.
SDP5	Tuesdays	9/25 - 11/6	9:00 - 10:30 a.m.
SDP6	Tuesdays	9/25 - 11/6	10:30 - Noon
SDP7	Tuesdays	9/25 - 11/6	Noon - 1:30 p.m.
SDP8	Wednesdays	9/26 - 11/7	9:00 - 10:30 a.m.
SDP9	Wednesdays	9/26 - 11/7	10:30 - Noon
SDP10	Wednesdays	9/26 - 11/7	Noon - 1:30 p.m.
SDP11	Thursdays	9/27 - 11/8	Noon - 1:30 p.m.
SDP12	Fridays	9/28 - 11/9	9:00 - 10:30 a.m.
SDP13	Fridays	9/28 - 11/9	10:30 - Noon

IMPROVE YOUR IMAGE WITH PHOTOSHOP

East Walpole Community Center

\$85 / \$90 NR

Timothy Webster

CLASS #: SIP

7:00 - 9:00 p.m.

Fridays: Sept. 28 - Nov. 9

Students will begin by learning the basic properties of pixel-based images like what they've collected on their camera phones or from their digital cameras. We'll use Photoshop to learn the basic editing tools like sharpening, scaling, cropping and various filters through hands-on exercises. So for the amateur photographer, the scrapbooker or future graphic designer, this class will give you the skills to upload, re-touch, format and print images that look their best.

NOT YOUR AVERAGE TYE-DYE

CLASS #: SAT

Walpole Senior Center \$85 / \$90 NR

7:00 - 9:00 p.m. Wednesdays: Sept. 26 - Nov. 7

Timothy Webster

For centuries in many parts of the world, artisans have practiced and perfected different techniques of resist-dying cloth. In this class, students will be introduced to a sampling of different techniques through a short lecture and demonstration. Students will then dve their own samples using these methods on silks to create their own colorful works of art. Students will learn to control the materials, mix colors properly and most of all... have fun doing it.

PLEIN AIR COLOR STUDY

CLASS #: SPA

East Walpole Community Center

Times TBA Saturdays: Sept. 29 - Nov. 10

\$85 / \$90 NR J.T. Harding

Using colorful still life set ups in beautiful Bird Park, students will learn to see and achieve the dynamic effects of outdoor lighting using different media like acrylic, oils or pastels. Workshops will include an introduction to color study, principles of outdoor light in varying conditions, quick grisailles, warm and cool color relationships, color mixing and variations between major and minor color masses.

PORTRAIT DRAWING

CLASS #: SPD

East Walpole Community Center

7:00 - 9:00 p.m.

\$85 / \$90 NR

Tuesdays: Sept. 25 - Nov. 6

J.T. Harding

Using the figure as the foundation for basic drawing techniques such as line, gesture, composition, contrast as well as the form's relationship to it's space.

PRINCIPLES OF COMPOSITION

CLASS #: SPC

East Walpole Community Center

7:00 - 9:00 p.m.

\$85 / \$90 NR

Wednesdays: Sept. 26 - Nov. 7

J.T. Hardina

Students will learn and apply time-tested composition techniques to create aesthetically-pleasing still lives and portrait/figure works.

> We are always trying to get new programs going. Please, be sure to:

"Like" us on Facebook at www.Facebook.com/WalpoleRecreation Follow us on Twitter at @WalpoleRec

Subscribe to our YouTube page at www.YouTube.com/WalpoleRec for activities, events and program updates.

STUDIO EAST

FOR THE WRITER

CREATIVE WRITING CLASS #: SCW

East Walpole Community Center 7:00 - 9:00 p.m. \$85 / \$90 NR Mondays: Sept. 24 - Nov. 5 **Beth Chariton**

This 6-week class will cover many parts of writing a piece: dialogue, description, character development and other elements of good story telling. We'll cover literary and plot driven fiction, as well as writing essays and memoirs.

THE PROLIFIC WRITER

CLASS #: SPW 10:00 a.m. - Noon East Walpole Community Center \$85 / \$90 NR Mondays: Sept. 24 - Nov. 5 **Beth Chariton** Adults

This class will focus on exercises and techniques to find your muse and jump start a regular writing practice. We'll talk about dealing with procrastination, generating and fleshing out new ideas, and becoming well-oiled, consistent scribes.

TELL YOUR STORY

CLASS #: STS

East Walpole Community Center 7:00 - 9:00 p.m. \$85 / \$90 NR Thursdays: Sept. 27 - Nov. 8 Jennifer Douglas

Perhaps you have been working steadily on a memoir, or maybe you have only thought about putting pen to paper to tell stories from your life. Either way, this workshop style class will support writers at all levels in creating and communicating your stories. We will read excerpts from published works as models for craft and inspiration.

WORD PLAY CLASS #: SWP

East Walpole Community Center 10:00 - 10:45 a.m. \$60 / \$65 NR Thursdays: Sept. 27 - Nov. 8 Jennifer Douglas Ages 4 & 5

Enhance the early literacy skills of your fledgling readers and writers in a fun, creative environment. Through stories, songs and art we will explore the richness of our language while developing a love for reading and writing. The best part of class is your little ones get to spend time with you!

WRITING BETTER CLASS #: SWB

East Walpole Community Center 1:00 - 3:00 p.m. \$85 / \$90 NR Fridays: Sept. 28 - Nov. 9 **Beth Chariton**

Do you have some works in progress that need a little more polish? Do you want the confidence to start new and better stories? In this class we'll work on killer first sentences, enriching scenes with vivid detail, writing engaging dialogue and creating captivating narrative voice.

YOUNG POET'S SOCIETY

CLASS #: SYP

East Walpole Community Center 6:30 - 7:30 p.m. Wednesdays: Sept. 26 - Nov. 7 \$60 / \$65 NR Jennifer Douglas Ages 13 - 18

Come and explore how much you can tell the world in such a small space. In this class, we will experiment writing different kinds of poems as well as reading works by other young poets. We will work alone and in groups to create original poems you can be proud of. There is a poet in all of us; come play with words and discover how exciting poetry can be.

FOR THE STAGE

BEGINNER'S GUITAR

East Walpole Community Center 3:30 - 4:30 p.m. \$60 / \$65 NR See dates **Madison Kelley** All ages

Beginner guitar lesson customized for individual interests and abilities. Hit the right chords and understand how to read sheet music to improve your sound.

CLASS #: DAY: 9/28 - 11/9 Fridays SBG 1 9/30 - 11/11 Sundays SBG2

ELEMENTARY PIANO

CLASS #: SEP

East Walpole Community Center Pick 30 minutes between 3:00 - 5:00 p.m. \$85 / \$90 NR Mondays: Sept. 24 - Nov. 5 **Dan Masterson**

Ever wanted your child or yourself to be able to sit down at the piano and play a little something? Take private lessons focused on reading and playing music at the piano. 30-MINUTE PRIVATE LESSONS.

IMPROVISATION AT THE PIANO

CLASS #: SIP

East Walpole Community Center Pick 30 minutes between 3:00 - 5:00 p.m. Tuesdays: Sept. 25 - Nov. 6 \$85 / \$90 NR

Dan Masterson

For intermediate to advanced piano players who'd like to learn about improvisation or reading lead sheets at the piano. Learn how to read chord charts for piano, how to improvise over them, and make songs your own. Recommended for pianists already comfortable with basic scales and reading melody. 30-MINUTE PRIVATE LESSONS.

ROCK BAND 101

CLASS #: SRB

East Walpole Community Center 4:00 - 5:00 p.m. \$60 / \$65 NR Wednesdays: Sept. 26 - Nov. 7 Dan Masterson

songwriter Dan Masterson will help you sound tighter, perform better

Bring your band down to Studio East where performing and provide general tips for working together as a band to put on a better show.

SONGWRITING 101

CLASS #: SSW

East Walpole Community Center 3:00 - 4:00 p.m. \$60 / \$65 NR Wednesdays: Sept. 26 - Nov. 7

Dan Masterson

Are you an aspiring songwriter? Do you play guitar or write poetry but don't know how to begin writing a song? Join performing songwriter Dan Masterson in this weekly workshop to learn about the craft of songwriting. No musical experience required! Each session will focus on different aspects of writing lyrics including song form,

rhyme and word choice. Examples from all genres will be used as references.

CLASS #: SWIT W.I.T.

4:00 - 5:00 p.m. **East Walpole Community Center** Fridays: Sept. 28 - Nov. 9 \$60 / \$65 NR **Danielle Curitore** Grades 1 - 5

Explore the art of improvisation, where you'll learn to think on your feet and explore creatively how to convey convincing performances on the stage. This is an excellent opportunity for those destined for the stage to work with other like-minded people who embrace the art of improvisation.

YOUTH PROGRAM

ONE DAY CLASSES

NINJAGO LEGO WORKSHOP CLASS #: YNL

East Walpole Community Center 1:00 - 4:00 p.m. \$50 / \$55 NR Sunday, October 14 **Event-FULL LLC** Ages 5 - 10

Explore the world of Ninjago! Create your own Ninjago story and battle the toughest LEGO warriors to help make the world a better place. The LEGOs stay with us but your memory will last a lifetime! Each participant will take home a framed photo of themselves with their LEGO Ninjago creation.

LEGO AVENGERS CLASS #: YLA

East Walpole Community Center 1:00 - 4:00 p.m. Sunday, September 16 \$50 / \$55 NR **Event-FULL LLC** Ages 5 - 10

The LEGO Avengers are coming to Burlington! Join the team from Event-FULL!, LLC (www.event-full.net) and check out the new cool Super Hero Minifigures. Iron Man, The Hulk, and Captain America, combined with your imagination will set the stage for an actionpacked super hero adventure!! The LEGOs stay with us but your memory will last a lifetime! Each participant will take home a framed photo of themselves with their LEGO Avenger creation.

SUPERHERO NIGHT CLASS #: YSN

Blackburn Hall 3:30 - 4:30 p.m. Tuesday, October 9 \$5 PER CHILD Recreation Staff Ages 3 - 7

Come dressed as your favorite superhero. We will make superhero snacks, play games and do a craft.

TIE-DYE DAY CLASS #: YTD

Blackburn Hall 3:30 - 4:30 p.m. Wednesday, October 10 \$5 PER CHILD Grades K - 6 Recreation Staff

Bring all the white stuff you want, i.e. t-shirts, pillow cases, socks, etc. We will add some color to all that plain white!

6TH ANNUAL LUNCH WITH SANTA

CLASS #: YLS Blackburn Hall 12:30 - 1:30 p.m. \$10 / \$15 NR PER CHILD Friday, Dec. 21 Jolly Old St. Nick Ages 11/2 and up

This annual event is a fabulous holiday and Walpole tradition. The kids will enjoy making some holiday crafts, singing holiday songs and eating pizza and treats with the Santa himself! Santa will take time from his busy schedule for some photo ops and to hear what each child wants for Christmas.

HOORAY FOR HALLOWEEN! CLASS #:YHH

Blackburn Hall 4:00 - 5:00 p.m. Thursday, Oct. 18 \$10 / \$15 NR Recreation Staff Grades K - 5

This awesome one night class helps get you in the Halloween mood. We will start out by decorating Halloween themed cookies followed by some ghost stories, and then a fun game up in the gym! Bring a pumpkin to carve!

HOLIDAY GIFT MAKING

Blackburn Hall 6:00 - 7:30 p.m. \$15 / \$20 NR PER CLASS Mondays: See dates below Recreation Staff Ages 3 - 8

These classes are geared towards making specific gifts for loved ones for the holidays. WARM AND COZY - The children will make useful holiday gifts for friends and family to stay warm with during the winter months. Some of the items that they will make are throws, scarves and more. All will be gift-wrapped so family members are surprised. YUMMY GIFTS - This class will have children making tasty treats to give to loved ones. Children will create many yummy items (please let us know if anyone that will be receiving them has food allergies) and gift-wrapping them for family to open and enjoy! P.S. I LOVE YOU - The kids will be making gifts that will show people how much they mean to them. Picture frames, family portraits, and jewelry! Still gift wrapped!

THEME: CLASS #: DATE: YHG1 November 26 Warm and Cozy YHG2 December 3 Yummy Gifts December 10 P.S. I Love You YHG3

MULTIPLE DAY CLASSES

FLAG FOOTBALL

Stone Field 4:45 - 5:30 pm See dates below \$55 / \$60 NR Recreation Staff Grades 1 - 3

We will focus on practice and proper techniques during the first week, while the remaining weeks will consist of gameplay. Every participant will receive a jersey. CLASS WILL BE CANCELLED IN CASE OF INCLEMENT WEATHER.

DATES: CLASS #: DAY: Wednesdays 9/12 - 10/10 YFL1 Thursdays 9/13 - 10/11 YFL2

LAUREN'S HOLIDAY CAMP

Blackburn Hall 9:00 a.m. - Noon \$80 / \$85 NR Daily: Monday, Dec. 17 - Friday, Dec. 21 Lauren Macomber Ages 2 - 6

Parents - Get all your last minute holiday stuff in order and drop your child at the Rec where they can spend the morning playing games, making crafts and more. All we ask if you to provide a drink and snack for your child. If your child has not had Lauren as a teacher before, now is the chance to have some fun with one of the kids favorite teachers. If you have had Lauren before, you know what fun to expect! YOU CAN DROP IN ON THIS PROGRAM FOR \$20 PER DAY.

LIL' PIGSKINS

Stone Field 4:00 - 4:30 pm \$40 / \$45 NR See dates below Recreation Staff Kinderaarten

This flag football program for kindergarteners will help introduce them to the sport of football in a safe and easy-learning atmosphere. Every participant will receive a jersey. CLASS WILL BE CANCELLED IN CASE OF INCLEMENT WEATHER.

CLASS#:	DAY:	DATES:
YLP 1	Wednesdays	9/12 - 10/10
YLP2	Thursdays	9/13 - 10/11

OUTH PROGRAM

MIDDLE SCHOOL CROSS COUNTRY PROGRAM

CLASS #: YMC

WHS Track 4:00 - 5:30 p.m. Mondays & Thursdays: Sept. 10 - Nov. 1 \$80 / \$85 NR

Conor Cashman, Jim Logan, and Fiona Murphy

Ages 10 - 14

This program will focus on strength, flexibility, endurance, technique and speed, and all athletes will learn lifelong lessons for effective stretching practices, good running form, and pacing. Athletes will be grouped by ability-level to train on the high school cross-country trails and to complete workouts on the track. As athletes progress, they will be encouraged to compete as members of the Walpole Track Club at invitational races and local road races. No PROGRAM ON OCTOBER 8.

PRETZEL KIDS YOGA

Blackburn Hall See times below \$70 / \$75 NR See dates below Jeanne Destito Age 3 - 9

So what, exactly, is Pretzel Kids®? To kids, we're fun, fun, fun! To parents, we are the answer to helping your children stay physically fit and deal more effectively with the pressures of school and peers. We're all that and more. Our proven curriculum and amazingly fun yoga program incorporates traditional yoga postures with imaginative voga games and relaxation techniques. All told: children laugh, learn, exercise, breathe, and relax. Better yet, they leave classes with big smiles on their faces.

CLASS #:	AGES:	DAY:	DATES:	TIME:
YPK 1	3 - 5	Wednesdays	9/19 - 10/31	10:00 - 10:30 a.m.
YPK2	5 - 9	Thursdays	9/20 - 11/1	4:30 - 5:15 p.m.

SPORTS & MORE

Blackburn Hall See times below \$40 / \$45 NR See dates below Lauren Macomber Ages 2 - 5

This program is a great way to introduce a variety of new games and sports to your little athlete! Our focus during this class will be on developing the children's social skills and learning in a group. NO

PROGRAM NOVEMBER 21 OR 23.

CLASS #:	TIME:	DAY:	DATES:
YSM 1	9:30 - 10:00 a.m.	Wednesday	9/19 - 10/24
YSM5	9:30 - 10:00 a.m.	Wednesday	11/7 - 12/19
YSM3	10:00 - 10:30 a.m.	Friday	9/21 - 10/26
YSM7	10:00 - 10:30 a.m.	Friday	11/9 - 12/21
YSM2	1:00 - 1:30 p.m.	Wednesday	9/19 - 10/24
YSM6	1:00 - 1:30 p.m.	Wednesday	11/7 - 12/19

WALPOLE PLAYKIDS

See times below Blackburn Hall See dates below \$40 / \$45 NR **Recreation Staff** Ages 1 - 5

This playgroup is a time for parents and their children to network and meet new friends. This is an open-gym time geared towards fun. This program is not staffed, but we will have all the toys set out for

use. NO PROGRAM ON OCTOBER 8 AND NOVEMBER 12.

CLASS #:	DAY:	DATES:	TIMES:
YPK1	Mondays	9/10 - 12/17	8:15 - 9:45 a.m.
YPK2	Tuesdays	9/11 - 12/11	10:15 - 11:45 a.m.

WEEKDAY SOCCER

Blackburn Hall See times below \$40 / \$45 NR See dates below Lauren Macomber Ages 3 - 5

This program is a great way to introduce a variety of new games and sports to your little athlete! Our focus during this class will be on developing the children's social skills and learning in a group.

CLASS#:	DAY:	DATES:	TIMES:
YWS1	Tuesday	9/18 - 10/23	11:00 - 11:30 a.m.
YWS2	Tuesday	9/18 - 10/23	2:00 - 2:30 p.m.
YWS3	Wednesday	9/19 - 10/24	11:00 - 11:30 a.m.
YWS4	Wednesday	9/19 - 10/24	2:00 - 2:30 p.m.

LEARN TO SKATE

Iorio Arena See times below \$150 / \$155 NR See dates below Iorio Staff Ages 4 - 16

This class consists of a 25-minute lesson from one of our instructors followed by 25 minutes of practice time.

CLASS #:	DAY:	DATES:	TIME:
YTS 1	Mondays	9/10 - 10/29	4:10 - 5:00 p.m.
YTS2	Saturdays	9/15 - 11/3	11:00 - 11:50 a.m.

TINY TOTS SKATE

11:00 - 11:50 a.m. Iorio Arena \$115 / \$120 NR See dates below Iorio Staff Ages 3 - 6

The class consists of a 25-minute lesson from one of our instructors followed by 25 minutes of practice time. After the lesson, parents are invited onto the ice to free skate with their child!

CLASS #:	DAY:	DATES:
YTT 1	Tuesdays	9/11 - 10/30
YTT2	Wednesdays	9/12 - 10/31

SPANISH 101

Blackburn Hall 4:00 - 4:50 p.m. See dates below \$60 / \$65 NR Myrza Rodriguez-Fearnley Grades K - 6

In this course, students will learn the basic concepts, terms and phrases in Spanish. The course will be taught in Spanish and will be very interactive; using different teaching techniques such as singing, playing different games and more. NO PROGRAM ON OCTOBER 8.

CLASS #:	DAY:	DATES:
YS1	Mondays	9/17 - 10/29
YS2	Wednesdays	9/19 - 10/24

ZUMBA FOR KIDS

Blackburn Hall 4:00 - 4:50 p.m. \$60 / \$65 NR See dates below Grades K - 6

Myrza Rodriauez-Fearnley

In this course, students will learn the basic choreography of Latin, rock and hip-hop routines. This class will enhance focus and selfconfidence on kids. Please wear comfortable clothing, sneakers and bring a water bottle.

CLASS #:	DAY:	DATES:
YZK1	Tuesdays	9/18 - 10/23
YZK2	Thursdays	9/20 - 10/25

YOUTH PROGRAMS

MONDAY CLASSES

LAUREN'S PLAYGROUP **CLASS #: YPG**

Blackburn Hall 9:30 - 11:00 a.m. \$48 / \$53 NR Monday: Sept. 17 - Nov. 19 Lauren Macomber Ages 2 - 4

Drop your kids off for fun play pretend games read story's arts and crafts all this and more, while your out and about. THIS IS A DROP OFF PROGRAM. NO PROGRAM ON OCTOBER 8 AND NOVEMBER 12.

CHESS CLUB

Blackburn Hall 4:00 - 4:50 p.m. Monday: See dates below \$20 / \$25 NR **Chris Watson** Grades 3 - 5

Learn to play or sharpen your skills. In this weekly class, you will challenge fellow registrants as well as have the chance to take on our in-house chess enthusiast! NO PROGRAM ON OCTOBER 8 AND NOVEMBER 12.

CLASS #: DATES: 9/17 - 10/15 YCC1 10/22 - 11/19 YCC2

CLASS #: YT2 **TERRIFIC 2'S**

10:00 - 10:30 a.m. Blackburn Hall \$75 / \$80 NR Mondays: Sept. 24 - Dec. 3 Aicha Kelley

This class is for that wonderful age group that is into exploring and wants their hands in everything. There will be stations to please parent and child from tactile stations, to music stations, to craft stations, to story time. Terrific 2's can be a drop off program. YOU CAN DROP IN ON THIS PROGRAM FOR \$10 PER DAY. NO PROGRAM ON OCTOBER 8 AND NOVEMBER 12.

ROBOTS & WRENCHES

1:30 - 2:15 p.m. Blackburn Hall \$60 / \$65 NR Mondays: Sept. 24 - Nov. 5 Aicha Kelley Ages 3 - 6

This class will have the kids safely taking apart old VCR's, hard drives, radios, clocks and more. They will use wrenches, screwdrivers, scissors and more. Once they have accumulated enough scrap pieces, they will create industrial art pieces such as robots, mobile,s, space shop and mobiles - or whatever they in vision. This class will also teach a valuable lesson in recycling. NO PROGRAM ON OCTOBER 8.

HIRE-A-TEEN

This service is for teens 13 years and older to help Walpole teens find jobs and to provide a service to adult residents in need of help, such as babysitting, yard-work, painting, etc. If you would like to be included on this list, email us at recreation@walpole-ma.gov or stop by our office to pick up an application. Parent participation and approval is required. The rate of pay and hours of work, etc., will be negotiated between you and your employer(s).

TUESDAY CLASSES

TWO YEAR OLD SPORTS AND PLAY

Blackburn Hall See times below \$40 / \$45 NR Tuesdays: See dates below Lauren Macomber

This program is a great way to introduce a variety of new games and sports to your little athlete! Our focus during this class will be on developing the children's social skills and learning in a group.

CLASS #:	TIME:	DATES:
YTS1	9:30 - 10:00 a.m.	9/18 - 10/23
YTS3	9:30 - 10:00 a.m.	11/13 - 12/18
YTS2	1:00 - 1:30 p.m.	9/18 - 10/23
YTS4	1:00 - 1:30 p.m.	11/13 - 12/18

FOREVER FIT

Blackburn Hall 4:00 - 4:50 p.m. Tuesdays: See dates below \$30 / \$35 NR Chris Watson Grades 3 - 6

In this class, you will be working out with staff member, Chris Watson learning new ways to work out without any weights or gym equipment. Whether you're looking to lose weight, build muscle or just maintain, this class is the right "fit" for you.

CLASS #: **DATES:** 9/18 - 10/9 YFO 1 10/16 - 11/6 YFO2

CREATIVE KIDS

CLASS #: YRW

Blackburn Hall 4:00 - 5:00 p.m. \$40 / \$45 NR Tuesday: See dates below **Recreation Staff** Grades K - 5

This class will create a different craft project each week that the kids can take home. Projects in the past have included birdhouses. backpacks, tie-dye and more. All materials are included in the fee.

CLASS #: 9/25 - 10/30 YAC1 YAC2 11/6 - 12/11

LITTLE PICASSOS

CLASS #: YLP Blackburn Hall 9:30 - 10:15 a.m. Tuesdays: Sept. 25- Nov. 13

\$60 / \$65 NR Aicha Kelley Aaes 3 - 6

The kids will paint, glue, cut paper, work with clay, build with beads and more. The projects will have them learning colors, simple techniques of their tiny art world, all the while working on fine motor skills. Most importantly the kids will be proud of themselves - and their families will love the art work. Plus, even better - parents will be happy that the Art Room got messy, not their kitchen. NO PROGRAM ON NOVEMBER 6.

"GIVE BACK TO RECREATION" NIGHT AT CHILI'S

Head on over to our website BlackburnHall.com, print out the coupon, and then head over to Chili's on the night of September 13th from 11:00 a.m. - 11:00 p.m. The Walpole Recreation Department will get 10% of all proceeds with a coupon!

YOUTH PROGRAMS

WEDNESDAY CLASSES

MOMMY/DADDY AND ME KAYAKING

CLASS#: YMK

Lake Massapoag, Sharon 2:30 - 4:00 p.m. Wednesdays: Oct. 10 - 24 \$105 / \$110 NR StillRiver Outfitters Ages 1 - 5 (w/a parent)

This program was developed by Still River Outfitters, Inc. to address the growing number of active adults starting families. In addition to basic paddling skills and safety considerations, we help parents adapt our proven strategies to comfortably paddle with a toddler. This class is taught in stable recreational kayaks where the child will sit safely between the parent's legs in the kayak's cockpit.

YOUTH GOLF LESSONS

CityGolf, Walpole 4:00 - 5:00 p.m. \$130 / \$135 NR Wednesdays: See dates below CityGolf Staff Ages 6 - 12

Looking to improve your game? CityGolf is offering an enjoyable, comprehensive lesson series specifically designed to teach beginning golfers all aspects of the game. CityGolf's added advantage is the periodic use video for all of the students. Seeing is believing! Learn to golf in a fun, relaxing, no-pressure environment!

CLASS #: **DATES:** 9/5 - 9/26 YGL1 10/3 - 10/24 YGL2 10/31 - 11/21 YGL3

BROADWAY BABES

Blackburn Hall 1:00 - 1:30 p.m. Wednesdays: See dates below \$60 / \$65 NR Judy Auditore & Aicha Kelley Ages 21/2 - 6

WHERE THE WILD THINGS ARE: This recreation favorite is back with another kids' classic. The kids will perform, direct, and produce, Where the Wild Things Are. This class will include creating all scenery & costumes. The children will learn the lines and direct the final production for their families and friends. After the production there will be be a reception.

HOLIDAY MUSICAL EXTRAVAGANZA: What a great way to ring in the holiday season - having your little actors perform for friends and family! The actors will choose what songs to perform and then they will make festive holiday scenery and costumes that they can keep as holiday decorations for years to come. Holiday refreshments will be served after the post-production reception.

CLASS #	DATES:	THEME:
YBB1	9/26 - 10/24	Where the Wild Things Are
YBB2	11/7 - 12/12	Holiday Musical Extravaganza

THURSDAY CLASSES

IRISH STEP DANCE CLASS#: YIS Blackburn Hall 4:00 - 4:50 p.m.

Thursdays: Sept. 20 - Oct. 25 \$60 / \$65 NR Colleen Lively (T.C.R.G.) Ages 5 - 17

Harney Academy of Irish Dance is offering a class for beginner dancers, ages 5 - 17. This class will be a soft shoe class focusing on basic Irish Dance Technique. The instructor, Colleen Lively, is a twotime North American Champion.

THURSDAY CLASSES

PARACHUTE PLAYTIME AND BOUNCY HOUSE

Blackburn Hall See times below \$20 / \$25 NR Thursdays: See dates below Ages 2 - 5

Lauren Macomber

One of our all-time favorite programs returns as we break out the parachutes and play all kinds of games. In addition to the parachute, we now have our bouncy house that we will be blowing up each week for added fun! Please bring a drink as we will be taking some breaks from the fun. NO PROGRAM NOVEMBER 22.

CLASS #:	TIME:	DATES:
YPP 1	10:00 - 10:45 a.m.	9/13 - 10/18
YPP5	10:00 - 10:45 a.m.	10/25 - 12/6
YPP2	11:00 - 11:45 a.m.	9/13 - 10/18
YPP6	11:00 - 11:45 a.m.	10/25 - 12/6
YPP3	1:00 - 1:45 p.m.	9/13 - 10/18
YPP7	1:00 - 1:45 p.m.	10/25 - 12/6
YPP4	2:00 - 2:45 p.m.	9/13 - 10/18
YPP8	2:00 - 2:45 p.m.	10/25 - 12/6

PARENTS' NIGHT OUT

Blackburn Hall 6:00 - 8:00 p.m. \$10 / \$15 NR Thursdays: See dates below Recreation Staff Ages 3 - 12

These special evenings are for parents to go on a date night knowing their kids are safe and sound and having fun with Recreation Staff. A step - up from a favorite baby sitter, these nights will have the kids doing some crafts, playing some games, meeting some new friends, and just having fun. We will have the kids settle down at the end of the evening, so they will get them ready for bed. Don't forget to use us for the holiday shopping!!

CLASS #: DATE: YPN 1 September 13 October 18 YPN2 YPN3 November 8

RUN FOR YOUR LIFE - KID'S RUNNING PROGRAM CLASS #: YRF

Pond Street Recreation Complex, Norfolk 4:00 - 5:00 p.m. Thursdays: Sept. 20 - Oct. 25 \$72 / \$77 NR Nanci Cahalane Grades 3 - 6

The purpose of this program is to help participants maintain a positive attitude toward accomplishments, avoid injury, and enjoy the sport of running! This is a non-competitive, "set our own goals" program. We will focus on important aspects of running such as warm-up and cool down; why, how, and when to stretch; proper running form; pace setting; keeping a log/journal; rest and recovery; and good nutritional habits including hydration. Bring a water bottle.

CLASS IS TAUGHT BY CERTIFIED MIAA COACH, NANCI CAHALANE. FEE INCLUDES A T-SHIRT.

LEGO, DOUGH, GLUE & GEARS

CLASS #: YLD Blackburn Hall 9:00 - 9:45 a.m.

Thursdays: Sept. 27 - Nov. 8 \$60 / \$65 NR Aicha Kelley

Ages 21/2 - 5

When the children enter the Art Room, it will be filled with piles of play dough, different sizes of legos, stickers, blocks, glue and goodies to glue. Children will work and play as they build towers, make gears, and manipulate dough. NO PROGRAM ON NOVEMBER 1.

YOUTH PROGRAMS

FRIDAY - SUNDAY CLASSES

FABULOUS FRIDAYS

Blackburn Hall
\$5 / \$10 NR PER CLASS

9:15 - 9:45 a.m. Fridays: See dates below

Aicha Kelley & Lauren Macomber

Ages 2 - 6

Fab Fridays are almost a Right of Passage in Walpole. This class has been around forever and always a parent and kid favorite. The class starts with a theme each week includes a story, some songs, some parallel play, and craft that keeps with the theme.

CLASS #:	DATES:	THEME:
YFF1	September 28	Back to School Bonanza
YFF2	October 5	Become Pirates & Princesses
YFF3	October 12	Visit the Zany Zoo
YFF4	October 19	Make Our Own Music
YFF5	October 26	Boo! It's Halloween
YFF6	November 2	Freaky Fall
YFF7	November 9	Pajama Party
YFF8	November 16	Gobble-Gobble-Gobble
YFF9	November 30	Yummy Treats
YFF10	December 7	Winter Wonderland
YFF11	December 14	Hooray for the Holidays!

HALF-DAY CAFE

Blackburn Hall 1:00 - 3:00 pm **\$5 PER CHILD** Fridays: See dates below

Recreation Staff Grades 4 & 5

Drop your tween off at Blackburn Hall for a day of hanging out with friends, listening to their favorite songs played by a DJ, Karaoke, Wii games, and more surprises. Pizza, snacks, and drinks will be for sale.

CLASS #:	DATE:	
YHD1	September 21	
YHD2	October 26	
YHD3	December 14	

HORSEBACK RIDING LESSONS

Eight Fences Farm, Mansfield 3:00 - 4:00 p.m. \$175 / \$185 NR See dates below Eight Fences Farm Staff Ages 7 - 14

This class is an introduction to horseback riding and horse care. Students will learn the basics of riding as well as how to groom and saddle their assigned horse. The students should wear long pants, such as jeans and a hard boot with a small heel. Helmets will be provided.

CLASS #:	DAY:	DATES:
YHR1	Saturdays	10/6 - 10/27
YHR2	Sundays	11/4 - 11/25

PRESCHOOL SOCK HOP

Blackburn Hall 5:00 - 6:00 p.m.

\$8 PER FAMILY Fridays: See dates below
Recreation Staff Ages 1 - 7 (w/ Parent)

This evening is the perfect chance for your preschooler to get their groove on while you show them how dancing is done...

CLASS #:	DATE:	
YSH1	September 14	
YSH2	October 5	
YSH3	November 2	
YSH4	December 7	

REBEL FALL BASKETBALL CLINIC

CLASS #: RBC1

WHS Gym

6:30 - 7:30 p.m. Fridays: Sept. 21 - Nov. 2

\$120 / \$125 NR Stacy Bilodeau & Dave St. Martin

Grades K - 3

This clinic, led by WHS head coaches Dave St. Martin and Stacy Bilodeau and former and current WHS players will help you improve your game. We will focus on skills and fundamentals through drills for both the boys and girls' game.

RECREATION SOCCER

Stone Field
See times below
SEE FEES BELOW
Saturdays: Sept. 8 - Oct. 20
Recreation Staff
Ages 2 - 7

Children will be provided age-appropriate instruction through drills and small games to learn soccer skills. Children will receive a t-shirt on the first day of the program and should wear shorts or sweatpants. CLEATS ARE NOT NEEDED. Beginner levels feature more instruction while the advanced levels focus will be more on actual game play. Please note on your form if you are willing to be a parent coach. NO PROGRAM ON OCTOBER 20. REGISTRATION FOR THIS PROGRAM BEGAN IN AUGUST. TIMES LISTED ARE STILL AVAILABLE FOR REGISTRATIONS.

2 YEAR OLDS

CLASS #:	LEVEL:	TIME:
RS2C	-	10:30 - 11:00 a.m.
RS2D	-	11:15 - 11:45 a.m.
RS2E	-	Noon - 12:30 p.m.

3 YEAR OLDS

CLASS #:	LEVEL:	350 / 355 NK
RS3D	-	11:15 - 11:45 a.m.
RS3E	-	Noon - 12:30 p.m.

4 YEAR OLDS

		\$50 / \$55 NR
CLASS #:	LEVEL:	TIME:
RS4A	-	9:00 - 9:30 a.m.
RS4D	-	11:15 - 11:45 a.m.

5 YEAR OLDS \$65 / \$70 NR

		400 / 47 U III.	
CLASS #:	LEVEL:	TIME:	
RS5B1	Beginner	9:00 - 9:45 a.m.	
RS5B3	Beginner	11:00 - 11:45 a.m.	
RS5A1	Advanced	9:00 - 9:45 a.m.	
RS5A3	Advanced	11:00 - 11:45 a.m.	

6 & 7 YEAR OLDS

		\$65 / \$70 NR
CLASS #:	LEVEL:	TIME:
RS6A	-	9:00 - 9:45 a.m.
RS6B	-	10:00 - 10:45 a.m.
RS6C	-	11·00 - 11·45 a m

TEEN PROGRAMS

6TH, 7TH & 8TH GRADE MEMBERSHIP CARDS

Blackburn Hall 7:30 - 10:00 p.m. \$25 PER CARDHOLDER Fridays: See dates below

Recreation staff and volunteers

Grades 6 - 8

The Walpole Recreation Department holds monthly dances at Blackburn Hall for all Walpole 7th & 8th graders and separately for 6th graders. These dances feature a DJ, game room, soda, and candy.

To register as a member, students and parents must fill out an application form agreeing to comply with all Recreation Department rules. The students photo will also be taken for use on their membership card. There is a registration fee of \$25 for each child. Parent signatures are required. IN ADDITION, PARENTS ARE ASKED TO MAKE A COMMITMENT TO CHAPERONE 2 DANCES. Upon chaperoning two dances in the school year, we will refund \$20 of your membership fee. Prospective chaperones must complete a CORI form prior to chaperoning. Dances are open to members only and cost \$5. If you forget your dance card the cost is \$10 at the door and we will make you a new card. Additional non-dance events also require membership cards. Stay tuned to our website at BlackburnHall.com for additional dates.

 September 14
 September 21

 October 5
 October 26

 November 2
 November 9

 December 14
 December 7

OCTOBER 13 IS A HOME COMING PARTY FOR 6TH, 7TH & 8TH GRADERS!

10TH ANNUAL BATTLE OF THE TEEN BANDS

Adams Farm Starts at 1:00 p.m.
FREE Saturday, Sept. 15
Walpole Lions Club / Walpole Rec. Dept. All ages

The Walpole Lions Club, in conjunction with the Walpole Recreation Department, will hold its "9TH Annual Battle of the Teen Bands" at Adams Farm Field Day on Saturday, September 15 starting at 1:00 p.m. (raindate – Sunday, Sept. 16). The contest will feature bands that include at least one member from Walpole, each playing approximately a one-half hour set. Winner and runners-up of the "Battle of the Bands" will be announced by our panel of judges, and prize packages will be awarded by the Walpole Lions Club.

If you are in a band and are interested in participating in this very special event, please send a demo CD / DVD / tape / video and/or any other supporting materials (inc. set lists) to: WALPOLE RECREATION DEPARTMENT, *ATTN: BATTLE OF THE BANDS, 135 SCHOOL STREET, WALPOLE, MA 02081.

EASY FLOW YOGA

CLASS #: TEF

Blackburn Hall \$70 / \$75 NR Jeanne Destito 7:00 - 8:00 p.m. Mondays: Sept. 17 - Nov. 5

Ages 13 - 18

A gentle workout for body, mind and spirit synchronizing breath with movement through a flowing series of basic asanas and sequences. The flow is designed to develop balance, build strength and increase flexibility, leaving students with reduced stress, inner calm, and heightened awareness. NO PROGRAM ON OCTOBER 8.

DRIVER'S EDUCATION

CLASS #: TDE

WHS Room A-246 \$90 / \$95 NR 7:00 - 9:00 p.m. Mon. & Wed.: Sept. 24 - Nov. 14

Bill Rehill

Age 15 years and 9 months, and up

Students will be provided with 30 hours of classroom instruction in Massachusetts Registry of Motor Vehicles (RMV) current regulations for the operation of motor vehicles. Students must be at least 15 years and 9 months old at the start of this program. Please note that road work is not included in this course. Completed registrations and a check payable to the "Town of Walpole" must be returned to the Recreation Department office or can be processed and paid on-line. THERE WILL BE ALSO BE A CLASS ON TUESDAY, NOVEMBER 13. YOU MUST BE 16 YEARS OLD BY DECEMBER 26, 2012 IN ORDER TO REGISTER FOR THIS CLASS. NO PROGRAM ON OCTOBER 8, OCTOBER 31, AND NOVEMBER 12.

IF YOU WOULD LIKE A COPY OF YOUR DRIVERS EDUCATION CERTIFICATE, THERE IS AN ADDITIONAL FEE OF \$ 15 PAYABLE TO THE INSTRUCTOR.

VOLUNTEENS

Blackburn Hall See times below FREE See dates below Aicha Kelley Grades 6 - 10

The Walpole Recreation Department is looking for volunteers who are ready to take on some tasks for the community, learn some leadership and organizational skills, as well as plan some really fun times. Anyone with questions can contact Aicha Kelley at 508-660-6371.

DATE: EVENT:

Wednesday, September 19 Saturday, September 22 Saturday, October 6 Friday, Oct. 12 - Sunday, Oct. 14 Saturday. October 20 Parent/Police Coffee
Sky's The Limit Kite Festival
2nd Annual Costume Swap
Walpole HomeComing Weekend
Setting up for Spookfest

WALPOLE COALITION FOR DRUG AND ALCOHOL AWARENESS

The Walpole Recreation Department is one of the many town organizations involved in the Coalition. Along with Parents, Students, School Administration, Police and Health Department, Selectmen, many other citizens from our community have come together to tackle a huge problemunderage drinking and drug use. It is not just a Walpole problem. However, the social, cultural and community problem is very apparent in Walpole. The Coalition's mission is to strive to reduce substance abuse and delay or prevent the onset of alcohol consumption and drug use among Walpole adolescents. This is a concerted effort of Walpole stakeholders to diminish underage drinking and drug use in the Town of Walpole. You do not have to attend all meetings, but the suggested age of involvement is parents/guardians with 5th -12th graders. Like us on Facebook or go to DrugFreeWalpole.com for more information.

DATE:	EVENT:	TIME:	PLACE:
9/10	Coalition Meeting	Starts at 7:00 p.m.	Town Hall
9/11	Coalition Meeting	Starts at 10:00 a.m.	Town Hall
9/19	Parent/Police Coffee	Starts at 7:00 p.m.	TBD
9/26	Corey Synder	Starts at 7:00 p.m.	WHS
10/10	Joanie Geltman	Starts at 7:00 p.m.	Johnson Middle School
10/22	Coalition Meeting	Starts at 7:00 p.m.	Town Hall
10/23	Coalition Meeting	Starts at 10:00 a.m.	Town Hall
11/13	Coalition Meeting	Starts at 10:00 a.m.	Town Hall
11/14	Coalition Meeting	Starts at 7:00 p.m.	Town Hall

ONE DAY CLASSES

HOW TO GET DEBT-FREE

CLASS #: ADF

Blackburn Hall 6:30 - 9:30 p.m. **\$25 / \$30 NR** Thursday, October 25

Blanchard Warren

Adults

If I could teach you how to pay off all your debts, credit cards, car payments and other consumer debts in as little as 1 to 4 years, wouldn't you be curious to know how? What if I taught you how to pay off your 30-year mortgage in another 4 to 6 years and save you thousands of dollars in interest fees? And if I showed you how to do all this without refinancing or doing expensive balance transfers? And I taught you how to do this with your current income? Imagine true financial freedom and piece of mind. come to this workshop. Bring your list of debts and a calculator to class. You will develop your own debt elimination plan that you can implement immediately into your lifestyle. Course includes a 16-page workbook which is an \$8 value. **OPTIONAL TEXT IS AVAILABLE IN CLASS FOR \$44.**

INTRO TO ITUNES

East Walpole Community Center 1:00 - 2:00 p.m.

\$15 / \$20 NR Mondays: See dates below

Mary-Ellen McGrath Adults

We will see over how to have the internet.

We will go over how to buy music and download from the internet from several different sources. We will also learn how to take music from CDs and turn it into files you can put on your device. We'll make playlists and see how to burn new CDs from iTunes. Due to copyright laws, we can't load individual devices - the course will be an overview on how to do it.

CLASS #: DATE:
AII1 November 5
AII2 December 17

INTRO TO MICROSOFT WORD

East Walpole Community Center 1:00 - 2:00 p.m. \$15 / \$20 NR Tuesdays: See dates below Mary-Ellen McGrath Adults

This course covers the basics of using Microsoft word. We'll cover creating a document, changing fonts and styles, and saving the document. We will also go over emailing documents in Microsoft word

CLASS #: DATE:
AIW1 November 20
AIW2 December 4

STARTING THE COLLEGE SEARCH

CLASS #: ASC

WHS Room 1318 7:00 - 9:00 p.m. \$20 / \$25 NR Monday, November 5 Christa Pancioccco Adults

Applying and gaining acceptance to college in today's competitive market creates stress for both students and their parents. Parents are often confused about the many steps their child needs to take in the process of applying to college. This workshop will take parents through the college search and application process from start to finish. Join CollegeBound, a Walpole-based consulting service with over 15 years of experience in higher education, to learn strategies for organizing your child's college search. We will address the importance of researching schools; making college visits, submitting applications (early action and early decision), and what colleges look for in an applicant. Parents will leave this workshop with a clear understanding of the college application process from their child's junior year through senior year of high school.

MULTIPLE DAY CLASSES

BASIC TRAINING

Various locations

See times in write-up

\$10 PER DAY

Mon., Weds., & Sat.: See dates below

Christine Olson and Carole Buckley

Adults

Improve your cardiovascular endurance and strength with this fun 4-week program led by certified fitness trainers. Please bring a set of light dumbbells, a mat and a bottle of water. CLASSES ON MONDAY AND WEDNESDAY WILL TAKE PLACE FROM 5:30 - 6:30 A.M. CLASSES ON SATURDAY WILL TAKE PLACE FROM 6:30 - 7:30 A.M. Classes meet at the Walpole High School Turf Field in nice weather, and in the case of inclement weather, class moves indoors to Blackburn Hall.

CLASS #:	DATES:
ABT2	9/1 - 9/28
ABT3	9/29 - 10/26
ABT4	10/27 - 11/23
ABT5	11/24 - 12/21

CONVERSATIONAL SPANISH

 Blackburn Hall
 6:00 - 6:50 p.m.

 \$60 / \$65 NR / \$48 SR
 See dates below

 Myrza Rodriguez-Fearnley
 Adults

Conversational Spanish is a course where participants will have the opportunity to practice basic Spanish phrases. During this course participants will learn how to give and/or obtain information in Spanish. In this course participants will practice by role-playing. NO PROGRAM ON OCTOBER 8.

CLASS #:	DAY:	DATES:
ACS 1	Mondays	9/17 - 10/29
ACS2	Wednesdays	9/19 - 10/24

INTRO TO BUYING & SELLING ON EBAY

East Walpole Community Center

\$15 / \$20 NR

See dates below

Mary-Ellen McGrath

Adults

This course covers the basics of buying & selling items on eBay. Topics that we will cover include what to look for when buying items, comparison pricing, looking at the seller's history, contacting the seller with questions, how to use PayPal, and how to complete the transaction. You will also learn how to sell on eBay. Create listings, learn tips on increasing your sales, see what similar items are selling for, track your progress, answer buyer questions, and learn about the fees associated with selling, and tips on shipping your items.

CLASS #:	DATE:	TIMES:
ABS 1	Tuesday, September 25	1:00 - 3:00 p.m.
ABS2	Tuesday, October 16	1:00 - 3:00 p.m.
ABS3	Wednesday, November 7	7:00 - 9:00 p.m.

INTRO TO FACEBOOK

East Walpole Community Center

\$ 15 / \$20 NR

See dates below

Mary-Ellen McGrath

Adults

See what Facebook is all about and how to use it to keep in touch with friends & family, to publish pictures, play games, and expand your interests. The class will cover creating and maintaining an account, and all the different functions that Facebook can be used for.

CLASS #:	DAIE:	IIWE2:
AIF1	Wednesday, October 3	1:00 - 3:00 p.m.
AIF2	Tuesday, November 13	7:00 - 9:00 p.m.
AIF3	Monday, December 10	1:00 - 3:00 p.m.

MULTIPLE DAY CLASSES

LADIES' LIGHT HIKE

 Various locations
 9:45 - 11:00 a.m.

 \$30 / \$35 NR
 See dates below

 Nanci Cahalane
 Adults

Hiking is fantastic exercise as well as a great time to get some fresh air and explore new places, this class moves at a good pace - we'll be looking for hills. NO PROGRAM ON NOVEMBER 22 OR NOVEMBER 24. THE FIRST MEETING LOCATION IS AT F. GILBERT HILLS STATE FOREST IN FOXBORO.

CLASS #:	DAY:	DATES:
ALH1	Thursdays	9/13 - 10/18
ALH3	Thursdays	11/1 - 12/13
ALH2	Saturdays	9/15 - 10/20
ALH3	Saturdays	11/3 - 12/15

PASSPORT TO RETIREMENT

Walpole High School 6:30 - 9:30 p.m.

\$79 PER PERSON See dates below
Joe Connolly Adults

This course includes the information you need to assess the costs associated with retirement, determine your sources of retirement income, improve your investment potential, reduce your financial risk, and help preserve your estate for your heirs. You'll also find out how to fight the effects of inflation, avoid unnecessary taxes, and protect yourself from the potentially devastating costs associated with long-term care expenses.

You'll learn how to integrate important concepts to help you prepare for retirement. The decisions you make in these key areas will ultimately determine your financial success. Through examples, exercises, and case studies, you'll discover how to take control of your finances and position yourself for a brighter financial future.

CLASS #:	DAY:	DATES:
APR 1	Tuesdays	9/18 & 9/25
APR2	Thursdays	9/13 & 9/20

<u>ZUMBA</u>

Blackburn Hall
See times below
\$60 / \$65 NR
See dates below
Various Instructors
Adults

Zumba is a energetic, cardio class which incorporates Latin rhythms to get the heart pumping and those calories burning! Zumba is considered "exercise in disguise" because it's so much fun and the music just makes you want to move. This class is for all fitness levels

and all ages, as modifications can be used if needed. NO PROGRAM ON OCTOBER 8, NOVEMBER 12, NOVEMBER 21 AND NOVEMBER 24.

CLASS #:	DAY:	DATES:	TIME:
AZ 1	Mondays	9/17 - 10/29	10:00 - 10:50 a.m.
AZ4	Mondays	11/5 - 12/17	10:00 - 10:50 a.m.
AZ2	Wednesdays	9/19 - 10/24	7:00 - 7:50 p.m.
AZ5	Wednesdays	11/7 - 12/19	7:00 - 7:50 p.m.
AZ3	Saturdays	9/22 - 10/27	9:00 - 9:50 a.m.
AZ6	Saturdays	11/10 - 12/22	9:00 - 9:50 a.m.

MONDAY CLASSES

COMPUTER BASICS & USING THE INTERNET

East Walpole Community Center 1:00 - 2:00 p.m. \$30 / \$35 NR Mondays: See dates below Mary-Ellen McGrath Adults

Learn the basics of a computer system: hardware and software, and the Windows environment. Learn to navigate within the Windows environment, create folders and documents, understand menus and launch applications. We will cover downloading & uploading information, photos and documents. Also, get familiar with using the internet and learn to browse, send email, and make attachments.

CLASS #:	DATE:
ACB1	10/15 - 10/29
ACB2	11/19 - 12/3

HYPNOSIS FOR WEIGHT LOSS

7:00 - 9:00 n m

WHS Media Center 7:00 - 9:00 p.m. \$30 / \$35 NR / \$24 SR Mondays: Sept. 24, Oct. 1 & Oct. 15

Charlie Ferro Adul

This introductory level course teaches you to use hypnosis as a tool to help you lose weight - slowly and effectively forever. Find out how behavior management through hypnosis can be used to help you improve your overall health and sense of well-being, especially now during the holiday season! THE FIRST WEEK IS A 2-HOUR SESSION (7:00 - 9:00 P.M.) AND THE LAST 2 WEEKS MEET FOR 1 HOUR EACH (7:00 - 8:00 P.M.).

POWER VOLLEYBALL

CLASS #: APV

Elm Street School Gym 7:00 - 9:00 p.m. \$84 / \$89 NR / \$67 SR Mondays: Sept. 10 - Dec. 10 Rich Edge Adults

This is a game for experienced players who possess a certain amount of quickness, alertness, coordination, and who desire to develop these skills in a competitive environment. You must register for this class in advance. NO PROGRAM ON OCTOBER 8 OR NOVEMBER 12.

TAI CHI FOR ADULTS

Villari's Martial Arts, Walpole 6:45 - 7:30 p.m.

\$60 / \$65 NR Mondays: See dates below
Steve Hannah Adults

Given harmony, the body knows how to revitalize and regenerate itself. *T'ai Chi* is the study of moving meditation, thus harmonizing the energies if body, mind and emotion through the body's voluntary responses. Drawn from Tibetan and Chinese discipline, these traditions promote health cultivation, clear thinking and peace of mind in everyday life. The benefits can be felt immediately and are long-lasting with regular practice. As we all know, there are too many ways to get out of balance. Practicing T'ai Chi and Qi Gong are excellent ways to help your body restore and maintain harmony while revitalizing your body, mind and spirit. You will put more years in your life and more life in your years. **NO PROGRAM ON OCTOBER**

8 OR NOVEMBER 12. CLASS #: DATES: ATC1 9/17 - 10/29 ATC2 11/5 - 12/17

Some programs were submitted to us too late to make our brochure and are listed on our website at www.WalpoleRec.com

TUESDAY & WEDNESDAY CLASSES

BEGINNER / INTERMEDIATE VOLLEYBALL

CLASS #: ABV

Elm Street School Gymnasium 7:00 - 9:00 p.m. \$84 / \$89 NR / \$67 SR Wednesdays: Sept. 5 - Nov. 28

Rich Edge

Join us for fun and exercise at these weekly pick-up volleyball games organized for the beginner to intermediate level players. Please wear sneakers and comfortable clothing. You must register for this class in advance. NO PROGRAM ON NOVEMBER 21.

BLS FOR THE HEALTHCARE PROVIDER

9:00 a.m. - Noon Blackburn Hall \$65 / \$70 NR Wednesdays: See dates below **CPR Certified Now**

This course is designed to provide a wide variety of healthcare professionals the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner.

CLASS #: DATE: September 19 ABH1 October 24 ABH2 November 28 **ABH3** December 19 **ABH4**

EDWARD JONES FINANCIAL SEMINARS

Walpole High School 6:30 - 8:00 p.m. \$10 / \$15 NR Wednesdays: See dates below Timothy Moses, CFP®

Do you have the information you need to make decisions about your financial goals? Join financial advisor Timothy Moses, from Edward Jones Investments' West street office, and learn the basic fundamentals of financial planning. You will learn the key features of bonds, stocks and mutual funds, the steps to prepare for retirement, how insurance can help prevent against unexpected life events, the basics of estate planning, and many other important topics. You may attend one or as many classes as you wish. Class topics are below.

CLASS #:	DATE:	THEME:
AEJ 1	October 10	Foundations of Investing
AEJ2	October 17	Retirement by Design
AEJ3	October 24	Protecting What's Important
AEJ4	October 31	Preparing Your Estate Plan

HEARTSAVER CPR & AED

Blackburn Hall 6:00 - 9:00 p.m. \$65 / \$70 NR Wednesdays: See dates below **CPR Certified Now**

This is a classroom, video-based, instructor-led course that teaches adult CPR and AED use, as well as how to relieve choking on an adult. This course teaches skills with AHA's research-proven Practice-While-Watching (PWW) technique, which allows instructors to observe the students, provide feedback and guide the students' learning of skills.

CLASS #:	DATE:
AHC1	September 19
AHC2	October 24
АНС3	November 28
AHC4	December 19

INTRO TO KAYAK

Lake Massapoag, Sharon

\$105 / \$110 NR

StillRiver Outfitters

Introduction to Kayak is a six-hour program that emphasizes safety, enjoyment and skill acquisition in stable "recreational" kayaks. This instructional programs' introduction to safe and efficient paddling is relevant for learning the foundation skills for paddling all types of kayaks.

RELATIONSHIP ESSENTIALS

Lower Blackburn 6:00 - 8:30 p.m. Wednesdays: See schedule below \$20 / \$25 NR Maureen Murphy

This is an extremely FUN and LIVELY workshop to not only find complete clarity on what you REALLY. REALLY want and need in a successful relationship, but this also sets the vibration in motion for you to actually start attracting that. By Using the Law of Attraction philosophy, It's Time to attract the RIGHT person. Up until now you have gotten into relationships by default. Now you can deliberately choose the perfect partner for you. Through out a series of exercises that are fun and simple, you will have complete clarity on the relationship you want and need. Please bring water, notebook and pens.

CLASS #: September 12 ARE 1 October 3 ARE2 November 7 **ARE3**

WOMEN'S BASKETBALL

CLASS #: AWB

CLASS#: AIK

4:00 - 6:00 p.m.

Wednesdays: Oct. 10 - 24

OPR School Gym 7:00 - 9:00 p.m. \$70 / \$75 NR Wednesdays: Sept. 12 - Nov. 14 **Recreation Volunteers** Adults

These weekly pick-up basketball games at the Od Post Road School gymnasium are for players of all ability levels.

YOUR FIRST 5K CLASS #: AYF

Pond Street Recreation Complex, Norfolk 9:15 - 10:15 a.m. \$85 / \$90 NR Tuesdays: Sept. 11 - Nov. 13 Nanci Cahalane

This adult program is designed to get you off the couch and ready to run a 5K (3.1 miles). In this program, which is catered to beginners, you will progress gradually from a walker to a runner. Workouts will be followed with stretching and advice about running and nutrition.

FRIDAY - SUNDAY CLASSES

ADULT GOLF LESSONS

CityGolf, Walpole 5:30 - 6:30 p.m. \$130 / \$135 NR Fridays: See dates below CityGolf Staff

CityGolf is offering an enjoyable, comprehensive lesson series specifically designed to teach beginning golfers all aspects of the game. CityGolf's added advantage is the periodic use video for all of the students. Learn to golf in a fun, relaxing, no-pressure environment!

CLASS #:	DATES:
AGL1	9/7 - 9/28
AGL2	10/5 - 10/26
AGL3	11/2 - 11/23

FRIDAY - SUNDAY CLASSES

GUIDED MEDITATION FOR ALL

East Walpole Community Center 8:30 - 10:00 a.m.

\$25 / \$30 NR Sundays: See schedule below
Maureen Murphy Adults

Take some time to stop, breath, find your center and place of peace. You will learn the basics of meditation such as how to sit, breath and focus. It's guided in a way to keep you present and allow you to find what you need to be centered and calm in this hectic world! Please wear comfortable clothes and bring water and a pillow.

CLASS #:	DATES:
AGM1	September 9
AGM2	September 23
AGM3	October 7
AGM4	October 21
AGM5	November 4
AGM6	November 18

MEN'S BASKETBALL

 OPR School Gymnasium
 6:30 - 8:30 p.m.

 \$70 / \$75 NR
 Fridays: Sept. 14 - Dec. 7

 Dennis Jones
 Adults

These weekly pick-up basketball games at the Od Post Road School gymnasium are for players of all ability levels. NO PROGRAM ON SEPTEMBER 21, OCTOBER 26, OR NOVEMBER 23.

PILOXING CLASS #: APC

Blackburn Hall 5:45 - 6:45 a.m. **\$10 PER DAY** Fridays: Aug. 31 - Dec. 21

Christine Olson and Carole Buckley

Adul

CLASS #: AMB

Piloxing is a workout that uniquely mixes pilates and boxing into a fat torching, muscle sculpting workout... guaranteed to whip you into shape.

SO MUCH MORE THAN A NUTRITION CLASS CLASS #: ANC

Blackburn Hall 10:00 - 11:00 a.m. \$75 / \$80 NR Fridays: Sept. 28 - Nov. 9

Robyn Stanley, Health & Wellness Coach, RYT

Adults

"Feeding your whole self for good health:" is the motto of this class. It is so easy to overlook things that contribute to our sense of nourishment & fulfillment. Not only the food you eat, but other factors,; relationships, career, activity and spirituality. When these are balanced, what you eat becomes secondary. So much more than just a nutrition class - you will learn about cravings, healthy eating for energy, inflammation in the body and take home some recipes.

USUI REIKI I

Blackburn Hall 10:00 a.m. - 4:00 p.m.
\$60 / \$65 NR Saturdays: See schedule below
Maureen Murphy Adults

This class will teach you the foundation and fundamentals of Usui Reiki. This is an ancient hands on / hands off energy therapy used for healing, stress management, chakra balancing, etc.... In this class you will learn about the Chakra system and how it is related to all aspects of your life. This is a hands on technical class. Please wear comfortable clothes and bring water, snack, notebook and pens.

 CLASS #:
 DATES:

 AUR 1
 October 20

 AUR2
 November 17

OLDER ACTIVE ADULTS

CREATIVE CORNER WITH ORA

Blackburn Hall 1:00 - 2:00 p.m. FREE Wednesdays: See dates below

Ora McGuire All ages

Throughout her life she has found many different topics that interest her and keep her mind working. She has taken the time to organize this program to share theses topics with the public. She also hopes that others will bring similar stories, crafts and topics to the class so everyone, including herself, can learn.

DATE:	TOPIC:
October 10	Continuing Christmas Wreaths with Louise Stapleton
October 17	Finishing Wreaths & Making Stars with Mary Murphy
October 24	Making Magnetic Bookmarks with Olga Hurley
October 31	Halloween Party
November 14	Making of the Memory Book with Jen
November 28	Creative Casserole's with Louise Stapleton
December 12	Making Memory Books with Jen
December 19	Holiday Party (Bring a \$5 - \$20 Gift Card for Needy Families)
December 26	No class - Ora wishes you all a happy & prosperous New Year, Peace!
January 9	Let's Move Walpole, with Robin Chapell
January 16	The benefits of Light Stretching with Nicole Walsh
January 23	New Tear Resolution - Healthy Nutrition with Julie Nicoletti
January 30	Simple, fun yoga with Robin Lamperti

SENIOR TRIPS

THE INN AT EAST HILL FARMS

Troy, NH Time: TBA
\$59 PER PERSON Tuesday, Nov. 13
Card Tours Ages 60 and up

The Inn is located on 200 acres of land with many farm animals that add to the true country atmosphere. Country style home cooked meals is what the Inn is noted for. All meals are served family style, large platters and bowls of each item are placed on your table, all you can eat. After lunch, sit back for an hour and enjoy today's entertainment with Ken Sheldon, "Frost Heaves". We will round off our day with a visit to the famous, "Smith's Country Cheese Shop". Get a few gourmet items for the holidays!

CHRISTMAS IN THE WHITE MOUNTAINS

White Mountains, NH

\$ 173 PER PERSON DOUBLE OCCUPANCY
Card Tours

Time: TBA

Sunday, Dec. 9 - Monday, Dec. 10

Ages 60 and up

Christmas at Indian Head is most exciting; enjoy the fine food, live entertainment, festive decorations, and the warm hospitality of the staff. Price includes transportation, 1 night hotel accommodation, welcome cocktail reception, choice of menu - dinner and breakfast, all new Christmas Revue Show, Christmas party with gift. **SINGLES ADD AN ADDITIONAL \$49.**

FOR SENTIMENTAL REASONS VIDEO - MEMOIR

As the Nat King Cole songs says, "do it for Sentimental Reasons." People have many favorite stories about growing up in Walpole or raising families in Walpole, or even working in Walpole. We would like to videotape you telling any stories about Walpole and your life. Maybe even a group of friends or sisters or cousins that want to sit and gab! It will make you part of history for all to share for years to come. Just schedule a time with Aicha Kelley at 508-660-6371 and come down for a chat.

REGISTRATION FORM PARENT/GUARDIAN NAME: PARENT/GUARDIAN D.O.B.: EMAIL:___ HOME PHONE: WORK: MAILING ADDRESS: SECONDARY CONTACT:______PHONE:_____ REGISTRANT KNOWN ALLERGIES: **DATE OF BIRTH** GRADE **REGISTRANT'S FULL NAME** CLASS # SEX FEE (REQUIRED) (FALL 2012)

Make checks payable to: TOWN OF WALPOLE

TOTAL

READ AND SIGN BELOW: I am fully aware of the risks inherent and hereby give my consent for the above named registrant(s) to participate in the program(s) offered by the Walpole Recreation Department, and hereby release the Town of Walpole, any of its elected or appointed officials or instructors, employees, volunteers, or program coordinators from any and all liability from injuries, claims, demands, costs, loss of services, expenses and/or damages sustained by me or us or our minor children on account of his or her participation in said program or event.

DATE: _____PRINTED NAME:

FOR OFFICE USE ONLY			TIME STAMP	COMPUTER INITIALS
DATE RECORDED: CK #:CASH #:	//	_RCVD BY:		

WALPOLE RECREATION DEPARTMENT
135 SCHOOL STREET
WALPOLE, MA 02081

Non-profit U.S. Postage **PAID** Walpole, MA 02081 Permit No. 7

RESIDENT
POSTAL PATRON
WALPOLE, MA